

# Children and Young People's Services

CLAPA has lots of opportunities and services that can help you on your cleft journey! You can...

Meet other young people like you, have fun and make new friends at our **Adventure Days and Weekends**



Sign up to our **'Youth Forward'** e-newsletter, for news, advice, articles and information



Join our Under 18s **Facebook group** to connect and share stories with people who can relate to you

Become a member of the **Children and Young People's Council** for 8-17 year olds to meet new people and have your say (and a lot of pizza!)



For more information about Children and Young People's Services, contact our Children and Young People's Officer at [volunteering@clapa.com](mailto:volunteering@clapa.com)